

nina's

new course - new challenge!

WOMEN'S TRIATHLON

13 November 2016 SWIM CYCLE RUN



Gold Standard Distance 200/10/2

First	Surname	RaceNo	Category	Time	Swim	Cycle	Run
Helen	Ablett	337	Gold Standard	00:47:33	00:05:33	00:26:59	00:15:00
Genelle	Abolis	359	Gold Standard	00:41:11	00:05:28	00:24:21	00:11:20
Helen	Adams	231	Gold Standard	00:41:22	00:04:55	00:26:00	00:10:26
Gillian	Alberti	92	Gold Standard	00:47:31	00:06:06	00:26:51	00:14:33
Emma	Allen	232	Gold Standard	00:58:13	00:06:16	00:33:16	00:18:40
Patricia	Alpiste	116	Gold Standard	00:52:31	00:06:25	00:32:17	00:13:48
Claire	Anderson	339	Gold Standard	00:45:20	00:05:13	00:27:23	00:12:43
Rose	Anderson	84	Gold Standard	00:49:23	00:07:25	00:31:26	00:10:31
Amy	Andersson	233	Gold Standard	00:45:34	00:04:38	00:26:51	00:14:05
Christine	Ang	340	Gold Standard	00:55:26	00:06:28	00:35:46	00:13:12
Kym	Ashby	93	Gold Standard	00:59:30	00:07:32	00:35:36	00:16:22
Melinda	Ashmore	341	Gold Standard	00:31:57	00:06:37	00:11:17**	00:14:02
Bev	Atkinson	342	Gold Standard	00:44:42	00:05:38	00:26:03	00:13:01
Paris	Atthowe	164	Gold Standard	00:49:56	00:06:50	00:29:34	00:13:31
Stella	Audino	165	Gold Standard	01:03:32	00:09:52	00:33:32	00:20:07
Brooke	Bacon	118	Gold Standard	01:05:50	00:07:46	00:42:18	00:15:45
Ebony	Bajaky	343	Gold Standard	00:44:48	00:07:06	00:25:27	00:12:14
TM	Barbour	360	Gold Standard	00:43:11	00:04:45	00:26:04	00:12:22
Leigh	Barrett	344	Gold Standard	00:45:55	00:05:36	00:28:16	00:12:02
Winarti	Bartlett	166	Gold Standard	00:54:43	00:05:51	00:32:37	00:16:13
Trudy	Baruffi	345	Gold Standard	00:50:20	00:06:16	00:31:12	00:12:51
Leonie	Barwick	144	Gold Standard	00:50:16	00:07:00	00:29:54	00:13:21
Raelene	Bennet	322	Gold Standard	00:35:49	00:04:53	00:20:21	00:10:34
Louise	Bignell	323	Junior Gold	00:50:11	00:06:16	00:31:19	00:12:35
Fiona	Bowden	346	Gold Standard	00:48:57	00:06:31	00:33:59	00:08:26
Alison	Boyle	172	Gold Standard	00:52:40	00:07:20	00:35:12	00:10:06
Terresa	Briggs	347	Gold Standard	00:49:44	00:05:42	00:31:44	00:12:17
Rachel	Brogan	348	Gold Standard	00:42:50	00:06:22	00:24:16	00:12:11
Toni	Brooking	203	Gold Standard	00:55:34	00:08:46	00:34:54	00:11:53
Anita	Buchanan	349	Gold Standard	00:59:40	00:06:52	00:36:04	00:16:43
Jacqueline	Bunny	167	Gold Standard	01:00:04	00:08:33	00:34:09	00:17:22
Christine	Burns	350	Gold Standard	00:56:07	00:06:14	00:34:09	00:15:43
Morgan	Butcher	351	Gold Standard	00:43:58	00:05:38	00:26:44	00:11:35
Tia	Cable	120	Junior Gold	00:57:50	00:06:49	00:35:38	00:15:22
Janina	Cambrea	168	Gold Standard	01:13:12	00:10:39	00:41:47	00:20:45
Lisa	Campbell	169	Gold Standard	00:51:47	00:06:25	00:32:19	00:13:01
Carol	Chandler	123	Gold Standard	00:47:13	00:05:36	00:29:21	00:12:16
Renee	Chapman	125	Gold Standard	00:45:22	00:06:21	00:28:06	00:10:54
Marie	Chapman	124	Gold Standard	00:48:11	00:07:00	00:29:44	00:11:27

Khyla	Cheema	126	Junior Gold	00:40:03	00:05:29	00:24:37	00:09:56
Yien	Chin	326	Gold Standard	00:41:15	00:05:24	00:26:00	00:09:51
Gail	Chown	127	Gold Standard	00:59:28	00:07:30	00:37:27	00:14:30
Tina	Cicchini	128	Gold Standard	00:53:34	00:07:44	00:32:35	00:13:14
Megan	Corby	170	Gold Standard	00:56:21	00:08:01	00:31:03	00:17:16
Kelly	Cova Camara	353	Gold Standard	00:55:53	00:07:10	00:34:48	00:13:54
Tracey	Craddock	354	Gold Standard	0:49:04	00:06:23	00:28:48	0:13:53
Marissa	Cream	171	Gold Standard	00:49:07	00:07:10	00:30:50	00:11:06
Dale	Crow	129	Gold Standard	00:39:39	00:05:33	00:23:57	00:10:08
Stephanie	Daniels	327	Gold Standard	00:40:09	00:05:27	00:23:35	00:11:06
Raegan	Demeza	28	Gold Standard	00:47:02	00:05:19	00:30:03	00:11:38
Zarli	Dorrington	131	Junior Gold	00:48:42	00:07:11	00:30:00	00:11:30
Louise	Drury	132	Gold Standard	00:43:58	00:06:08	00:25:50	00:11:59
Samantha	Dunbar-Smith	244	Junior Gold	00:47:25	00:04:49	00:28:24	00:14:11
Rhiannan	Edge	137	Gold Standard	01:15:48	00:10:37	00:44:38	00:20:33
Bec	Emmerton	133	Gold Standard	00:52:18	00:08:24	00:29:21	00:14:31
Belle	Evans	356	Gold Standard	00:50:13	00:06:00	00:31:46	00:12:26
Alison	Evans	135	Gold Standard	00:54:35	00:07:34	00:33:58	00:13:02
Kym	Eversden	364	Gold Standard	00:43:40	00:05:56	00:27:13	00:10:31
Jasmin	Fagan	136	Junior Gold	01:09:25	00:07:53	00:44:55	00:16:36
Larrisa	Feather	139	Gold Standard	00:45:49	00:06:23	00:28:42	00:10:43
Justine	Feather	138	Gold Standard	00:58:19	00:10:07	00:32:27	00:15:44
Josephine	Fitzpatrick	245	Gold Standard	00:45:06	00:05:23	00:27:43	00:11:58
Kate	Fitzsimons	357	Gold Standard	00:47:18	00:05:48	00:30:32	00:10:57
Amy	Fowler	272	Gold Standard	00:41:25	00:05:13	00:25:38	00:10:34
Rachael	Francis	163	Gold Standard	00:49:05	00:07:01	00:30:43	00:11:20
Eboney	Franklyn	331	Gold Standard	00:44:24	00:04:31	00:27:18	00:12:34
Kirsty	Frazer	273	Gold Standard	00:53:55	00:05:58	00:35:42	00:12:14
Kim	Furzer	94	Gold Standard	00:56:16	00:06:56	00:32:06	00:17:13
Reily	George	303	Gold Standard	00:48:48	00:05:53	00:29:21	00:13:33
Suzie	George	302	Gold Standard	00:49:18	00:06:11	00:29:33	00:13:33
Laura	Gibbs	95	Gold Standard	00:49:49	00:06:55	00:29:35	00:13:19
Tammy	Glover	223	Gold Standard	00:47:41	00:06:14		
Vicki	Gregg	224	Gold Standard	00:44:21	00:05:30	00:26:12	00:12:38
Ruby	Gualter	226	Junior Gold	00:47:38	00:04:45	00:31:08	00:11:43
Madeline	Hair	250	Gold Standard	00:57:35	00:06:48	00:32:05	00:18:41
Stacey	Hall	235	Gold Standard	00:41:54	00:04:32	00:27:30	00:09:52
Bree	Harris	98	Gold Standard	00:46:17	00:06:15	00:27:02	00:12:59
Brianna	Harrison-Brown	280	Junior Gold	00:51:16	00:06:33		
Jenni	Harvey	99	Gold Standard	00:45:19	00:05:59	00:26:35	00:12:44
Barbara	Hasenoehrl	308	Gold Standard	00:47:23	00:06:14	00:28:59	00:12:09
Lisa	Hayes	100	Gold Standard	00:51:13	00:06:41	00:28:21	00:16:11
Sue	Hewson	309	Gold Standard	00:45:31	00:06:10	00:28:22	00:10:57
Amanda	Hickman	362	Gold Standard	00:43:12	00:05:38	00:23:55	00:13:38
Gillian	Hill	310	Gold Standard	00:57:58	00:06:51	00:34:30	00:16:36
Leanna	Holland	237	Gold Standard	00:45:26	00:05:59	00:27:57	00:11:29
Candice	Holmes	311	Gold Standard	00:49:46	00:05:53	00:30:03	00:13:49
Amelia	House	110	Gold Standard	00:43:47	00:05:23	00:26:29	00:11:55
Georgina	Howard	102	Gold Standard	00:51:35	00:06:36	00:31:12	00:13:47
Sheila	Howard	202	Gold Standard	00:52:17	00:09:38	00:28:27	00:14:11
Annette	Howe	104	Gold Standard	00:49:30	00:08:41	00:28:23	00:12:25
Amber	Howe	103	Junior Gold	00:50:01	00:05:46	00:30:32	00:13:41
Melissa	Hughes	312	Gold Standard	00:46:13	00:06:04	00:26:35	00:13:34

Rebecca	Johnson	106	Gold Standard	00:44:39	00:07:43	00:20:10	00:16:46
Erin	Johnson	105	Junior Gold	00:54:22	00:06:18	00:35:20	00:12:42
Josie-Ann	Jones	107	Gold Standard	00:53:57	00:05:54	00:33:54	00:14:08
Carly	Kammerer	313	Gold Standard	00:51:53	00:08:15	00:27:18	00:16:19
Rose	Kautai	108	Gold Standard	00:44:00	00:07:08	00:23:06	00:13:45
Andrea	Keddie	251	Gold Standard	00:44:20	00:05:58	00:26:00	00:12:21
Tamara	Kennny	85	Gold Standard	00:39:50	00:04:52	00:25:24	00:09:33
Julie	Kirby	109	Gold Standard	01:05:02	00:07:15	00:37:15	00:20:31
Nardia	Klem	238	Gold Standard	00:42:31	00:04:46	00:26:30	00:11:14
Jayde	Kraeter	239	Gold Standard	00:45:22	00:04:27	00:26:43	00:14:11
Donna	Krepp	252	Gold Standard	00:43:47	00:05:56	00:25:17	00:12:33
Dawn	Lake	253	Gold Standard	01:00:37	00:07:23	00:33:30	00:19:42
Janine	Lanigan	254	Gold Standard	00:44:05	00:06:40	00:26:17	00:11:07
Raina	Laurie	86	Gold Standard	01:06:45	00:11:29	00:36:41	00:18:33
Chloe	Lawn	200	Junior Gold	00:52:27	00:06:53	00:29:45	00:15:48
Peta	Lawn	201	Gold Standard	00:57:58	00:07:51	00:32:12	00:17:55
Joanne	Lawson	145	Gold Standard	00:51:26	00:06:42	00:27:24	00:17:19
Christine	Luxford	146	Gold Standard	00:52:18	00:07:14	00:30:02	00:15:01
Laura	Mackie	255	Gold Standard	00:59:33	00:05:35	00:39:50	00:14:07
Tina	Maree	147	Gold Standard	00:44:35	00:06:47	00:26:13	00:11:35
Kayla	Maritz	148	Junior Gold	00:41:34	00:05:18	00:25:34	00:10:41
Ina	Maritz	257	Gold Standard	00:48:43	00:06:43	00:27:37	00:14:22
Michelle	Maritz	149	Gold Standard	00:54:33	00:06:30	00:30:07	00:17:55
Centaine	Matthews	258	Gold Standard	00:50:07	00:07:21	00:31:04	00:11:42
Amara	May	150	Gold Standard	00:54:03	00:07:09	00:34:27	00:12:27
Martina	McAdam	89	Gold Standard	00:56:15	00:07:39	00:32:19	00:16:17
Janette	Mcauley	204	Gold Standard	00:42:26	00:06:53	00:25:34	00:09:59
Kate	McCallum	259	Gold Standard	00:41:39	00:05:35	00:26:16	00:09:46
Kristy	McDonald	205	Gold Standard	00:51:41	00:06:31	00:30:20	00:14:50
Amber	McEldowney	240	Gold Standard	00:47:07	00:04:50	00:30:24	00:11:51
Chelsea	McEncroe	241	Gold Standard	00:41:51	00:04:23	00:25:59	00:11:28
Brittany	McKay	206	Gold Standard	00:46:49	00:07:25	00:27:06	00:12:17
Tamryn	McLellan	207	Gold Standard	00:46:12	00:06:39	00:27:20	00:12:13
Naomi	Milner	260	Gold Standard	00:46:11	00:06:42	00:26:22	00:13:06
Caresse	Mitchell	209	Gold Standard	00:42:01	00:06:13	00:23:43	00:12:04
Patricia	Mitchell	90	Gold Standard	01:01:00	00:08:55	00:36:04	00:16:00
Marisa	Moore	83	Gold Standard	00:57:06	00:11:11	00:32:43	00:13:11
Melissa	Mosele	262	Gold Standard	00:55:40	00:07:34	00:31:59	00:16:05
Carmi	Muller	295	Junior Gold	00:47:31	00:06:32	00:29:53	00:11:06
Suzanne	Mungioli	91	Gold Standard	00:50:30	00:08:43	00:30:25	00:11:21
Lisa	Munro	263	Gold Standard	00:43:49	00:05:33	00:24:50	00:13:24
Tania	Napoli	211	Gold Standard	00:53:01	00:07:05	00:31:15	00:14:40
Mary	Nealon	111	Gold Standard	01:00:22	00:09:23	00:36:03	00:14:54
Valerie	Newbold	212	Gold Standard	00:52:34	00:07:25	00:27:30	00:17:38
Julia	Nickels	117	Junior Gold	00:46:32	00:06:26	00:28:55	00:11:10
Bev	Nikolich	296	Gold Standard	00:49:13	00:06:00	00:29:24	00:13:49
Denice	Nock	213	Gold Standard	00:49:50	00:06:25	00:30:04	00:13:20
Leisa	Norrish	297	Gold Standard	00:45:20	00:05:47	00:27:09	00:12:23
Cherie	O'Callaghan	88	Gold Standard	00:51:43	00:07:27	00:30:51	00:13:24
Kristy	O'Donnell	268	Gold Standard	00:48:54	00:05:22	00:31:13	00:12:19
Breeanna	O'Dowd	267	Gold Standard	00:49:14	00:06:13	00:29:34	00:13:26
Lisa	O'Neill	173	Gold Standard	00:51:32	00:06:36	00:30:46	00:14:09
Ali	O'Rourke	269	Gold Standard	00:44:47	00:05:44	00:27:26	00:11:37

Faith	Ossevoort	174	Gold Standard	00:49:33	00:06:37	00:29:53	00:13:03
Amy	Paddon	175	Gold Standard	00:56:11	00:07:07	00:32:06	00:16:57
Lauretta	Peirce	112	Gold Standard	00:48:56	00:05:35	00:28:40	00:14:40
Pamela	Peters	177	Gold Standard	00:45:53	00:07:46	00:26:03	00:12:03
Aneta	Peters	176	Gold Standard	00:51:12	00:06:01	00:30:21	00:14:50
Melissa	Pickering	113	Gold Standard	01:20:50	00:14:06	00:50:27	00:16:17
Kelly	Platts	281	Gold Standard	00:52:09	00:07:01		
Michelle	Prandi	121	Gold Standard	00:57:22	00:07:03	00:34:53	00:15:24
Linda	Pritchard	180	Gold Standard	00:50:52	00:05:37	00:32:54	00:12:21
Sarah	Quaglia	361	Gold Standard	00:48:16	00:04:40	00:30:08	00:13:27
Tina	Ralph	181	Gold Standard	00:55:35	00:06:26	00:31:20	00:17:49
Monica	Raven	143	Gold Standard	00:55:50	00:06:04	00:37:00	00:12:46
Ellen	Raven	142	Gold Standard	00:56:20	00:06:34	00:36:59	00:12:46
Lora	Reynecke	282	Gold Standard	00:44:42	00:05:32	00:26:46	00:12:23
Angel	Richardson	284	Gold Standard	00:49:31	00:06:34	00:31:55	00:11:01
Kerry	Ridland	182	Gold Standard	00:52:35	00:07:57	00:31:02	00:13:35
Belinda	Roberts	115	Gold Standard	00:53:09	00:07:45	00:32:07	00:13:17
Sandra	Robertson	183	Gold Standard	00:42:46	00:08:11	00:20:43	00:13:52
Melanie	Robinson	184	Gold Standard	00:48:53	00:08:18	00:28:04	00:12:30
Brooke	Rogers	271	Gold Standard	00:41:32	00:06:03	00:25:28	00:10:00
Leila	Rosel	140	Gold Standard	00:48:25	00:06:36	00:28:17	00:13:31
Ann	Royden	287	Gold Standard	00:44:17	00:05:17	00:27:54	00:11:05
Taryn	Russell	151	Gold Standard	01:00:27	00:07:25	00:35:36	00:17:25
Janet	Ryan	242	Gold Standard	00:47:50	00:05:51	00:29:38	00:12:20
Nicola	Schreiber	154	Gold Standard	00:47:11	00:07:11	00:28:52	00:11:07
Paige	Scoby-Smith	155	Junior Gold	00:50:13	00:06:18	00:30:01	00:13:53
Cara	Scoby-Smith	141	Gold Standard	00:50:18	00:06:57	00:29:28	00:13:53
Kym	Scott	192	Gold Standard	00:56:37	00:06:46	00:33:58	00:15:53
Narelle	Scott-Miller	156	Gold Standard	01:01:10	00:07:51	00:38:25	00:14:53
Hayley	Searle	157	Gold Standard	00:54:09	00:07:55	00:29:15	00:16:57
Deb	Seivwright	158	Gold Standard	00:58:04	00:06:18	00:36:55	00:14:50
Anika	Skehan	288	Gold Standard	00:40:30	00:05:07	00:25:52	00:09:30
Carla	Smales	160	Gold Standard	00:38:47	00:05:41	00:20:59	00:12:05
Kellie	Smith	161	Gold Standard	00:52:10	00:08:06	00:29:14	00:14:48
Rikki	Smith	193	Gold Standard	00:55:41	00:07:05	00:33:00	00:15:35
Michelle	Spargo	194	Gold Standard	01:03:06	00:08:35	00:37:58	00:16:33
Dannelle	Steele	195	Gold Standard	01:02:30	00:09:36	00:37:39	00:15:14
Mieke	Strydom	187	Junior Gold	00:49:31	00:06:14	00:30:56	00:12:20
Janelle	Swansen	188	Gold Standard	00:58:50	00:07:43	00:33:15	00:17:51
Tricia	Tassell	189	Gold Standard	01:01:08	00:08:52	00:35:10	00:17:05
Rachel	Taylor	298	Gold Standard	00:46:08	00:06:11	00:29:01	00:10:56
Janet	Taylor	217	Gold Standard	00:54:08	00:06:24	00:33:10	00:14:33
Jacinta	Thompson	215	Gold Standard	01:08:12	00:08:41	00:39:58	00:19:33
Tania	Thomson	216	Gold Standard	00:50:43	00:07:32	00:29:30	00:13:39
Wendy	Thornhill	332	Gold Standard	00:34:16	00:04:14	00:21:04	00:08:57
Hayley	Tuck	219	Gold Standard	00:52:12	00:06:52	00:29:51	00:15:29
Megan	Turpin	315	Gold Standard	00:44:52	00:06:00	00:26:58	00:11:53
Helen	Unstead	316	Gold Standard	00:57:35	00:07:34	00:34:22	00:15:39
Sarah	Upton	317	Gold Standard	00:54:14	00:06:33	00:31:49	00:15:50
Donna	Van Der Drift	318	Gold Standard	00:59:33	00:06:44	00:41:05	00:11:43
Corli	Van Rensburg	319	Gold Standard	00:44:40	00:07:34	00:21:34	00:15:32
Shannon	Verhagen	299	Gold Standard	00:42:39	00:04:54	00:26:58	00:10:46
Clare	Vink	320	Gold Standard	01:01:09	00:06:25	00:39:45	00:14:57

Michelle	Waddingham	275	Gold Standard	00:48:47	00:05:55	00:30:18	00:12:33
Nicola	Waite	321	Gold Standard	00:56:16	00:06:11	00:33:17	00:16:47
Bronwyn	Walker	227	Gold Standard	00:48:33	00:06:09	00:29:09	00:13:14
Janelle	Walker	221	Gold Standard	00:57:45	00:06:31	00:34:22	00:16:52
Jen	Walton	247	Gold Standard	00:56:37	00:07:53	00:33:40	00:15:04
Georgina	Warren	228	Gold Standard	00:43:57	00:05:09	00:28:51	00:09:55
Veniece	Watts	276	Gold Standard	01:07:39	00:07:23	00:43:12	00:17:03
Amy	Webster	304	Gold Standard	00:44:23	00:04:58	00:25:25	00:13:59
Natalie	Weston	229	Gold Standard	00:57:29	00:06:27	00:33:45	00:17:16
Hannah	Whittaker	278	Gold Standard	00:56:10	00:09:27	00:32:11	00:14:31
Cassie	Whitton	305	Gold Standard	00:53:00	00:06:20	00:33:35	00:13:04
Claire	Widmer	290	Gold Standard	00:45:16	00:06:15	00:26:44	00:12:17
Tegan	Wilde	300	Gold Standard	00:39:53	00:05:09	00:23:58	00:10:45
Heidi	Williams	301	Gold Standard	00:37:56	00:04:42	00:22:35	00:10:38
Michelle	Williams	307	Gold Standard	00:50:52	00:06:24	00:29:41	00:14:46
Amy	Williams	198	Gold Standard	00:54:18	00:08:30	00:32:59	00:12:48
Ryley	Willmott	291	Junior Gold	00:44:41	00:05:15	00:28:10	00:11:15
Judy	Wilson	292	Gold Standard	00:44:02	00:05:27	00:26:04	00:12:30
Janelle	Wohlrab	333	Gold Standard	01:02:26	00:09:27	00:37:21	00:15:38
Kristy	Wood	293	Gold Standard	00:58:11	00:08:09	00:31:08	00:18:53
Emma	Woodcock	334	Gold Standard	01:05:32	00:08:24	00:39:18	00:17:49
Rhonda	Yates	199	Gold Standard	01:16:24	00:11:45	00:44:52	00:19:45
Melanie	Young	335	Gold Standard	00:46:25	00:05:21	00:28:15	00:12:49

